

# Clubs and Extracurricular Programme

2020-2021 Session 2: January 11th - March 19th



**CEDAR**  
INTERNATIONAL  
**SCHOOL**  
BRITISH VIRGIN ISLANDS

## Programme Philosophy

One of the most significant goals of the International Baccalaureate's PYP, MYP and DP is to provide a balanced development of the "whole person". In accordance with this philosophy, life at Cedar International School extends beyond the classroom through our comprehensive Co-Curricular Clubs and Activities Programme.

Our programme enables Cedar students to develop physically, emotionally, culturally and socially by providing them with opportunities to broaden their horizons, gain knowledge and skills, and generate an interest in a variety of areas they may not have previously experienced. It also provides a refreshing counterbalance to the demands of the student's academic studies and encourages students to share their energy and special talents with others.

The extensive programme of clubs and activities available at our school continues to set Cedar International School apart from other schools in the region. The programme itself, however, would not be possible without dedicated teachers, parents and friends within the greater Cedar community giving up their time and energy for the school. Again, it is this attitude and commitment that makes Cedar International School unique.

The dynamic nature of the programme means that it is continually evolving and diversifying. We always welcome any member of the extended Cedar family to volunteer or to suggest new ways of further strengthening the programme. Please do not hesitate to contact me if you have any special ideas or talents that you believe can assist the programme.

Norma Pierre-Louis  
Clubs Coordinator  
[norma.pierre-louis@cedar.vg](mailto:norma.pierre-louis@cedar.vg)  
Tel: (284) 340-1636 ext. 313

## Programme Rules

In order for your children to participate in clubs, we require the following to be returned to the front office:

- A completed and signed Registration and Release form, even if the club is free.
- Cedar clubs are very popular and spaces are limited. To ensure your child can join in a club, a full payment of cash or cheque must be received promptly.

In order to ensure smooth and safe running of the clubs we ask that the following rules be noted:

- Generally, clubs run from 3:15 until 4:15 unless otherwise indicated. If for any reason a club is postponed/cancelled (weather, etc.), every effort will be made to contact parents before 12 noon to notify them of the cancellation. A makeup session will be provided at the end of the trimester. Primary students who are not picked by 3:15 pm on the day of the cancellation will be signed into after-school care.
- Unless otherwise noted, parents will need to arrange transportation for clubs that occur off campus. It is important that you pick up your child(ren) on time.
- Most clubs will only run if a specific number of students are enrolled.
- Children should be collected promptly once the club ends. Any child not collected promptly will be kept safe in our After-School Care programme, for which there will be a charge. Please note this service is not available for any club that ends after 5:30 pm on a weekday or at any time on the weekend. This service is only available for Cedar students.
- All clubs operate on a first come, first served basis. Please note that priority will be given to Cedar students. **We also require that health and emergency contact forms be submitted to be kept on file for all non-Cedar students. You may ask for a copy of the health form in the front office, or find it online at [cedar.vg/resources](http://cedar.vg/resources), under Health.** Registration for non-Cedar students will commence on the third day of registration.
- Please note that when participating in the clubs programme, students must adhere to the school code of behaviour at all times. Failure to comply may jeopardize their position in the club. The code may be viewed on pages 13-14 of the Student Parent Handbook, available online at [cedar.vg/resources](http://cedar.vg/resources) under Student Parent Handbook.
- All club fees are non-refundable. Please be advised that refunds and deductions are not available should any student be withdrawn from a club after the first week or in the case of absence from any sessions. Full payment for the trimester is expected even in cases of late registration.
- Only secondary students from grades 6-12 are allowed to assist in a club for CAS hours.
- Please add the clubs coordinator to any email sent to the class teacher about a child's absence. As a continuation of our attendance policy and child safety procedures, parents must email Ms. Vanessa ([vanessa.simon@cedar.vg](mailto:vanessa.simon@cedar.vg)) and the clubs coordinator, Mrs. Pierre-Louis ([norma.pierre-louis@cedar.vg](mailto:norma.pierre-louis@cedar.vg)) and classroom teacher if their child will be absent from a club they are registered in or will be picked up by someone other than the parents.
- Please follow the Cedar Protocols and Procedures for the 2020-21 Academic Year

# MONDAY

*Jan. 11, 18, 25, Feb. 1, 8, 15, Mar. 15*

---

## **Arts and Craft (Madison Smith, Breanna Sulker, Mrs. Pierre-Louis)**

**Grade: Pre-K 3 - K**

**Venue: Early Years Room (#313)**

**Time: 3:15 - 4:15**

**Limited to: 8 students**

**Cost: \$70 (for supplies)**

Creative activities help build confidence, hand to eye coordination, social skills, well-being, positive mental health and so much more. Early Years students will be excited to boost their imagination, create arts and craft masterpieces and have great fun.

---

## **Play and Paint (Ms. Katelyn)**

**Grade: Pre-K 4 - Grade 1**

**Venue: Ms. Katelyn's Room (#255)**

**Time: 3:15 - 4:15**

**Limited to: 10 students**

**Cost: \$70**

Students will explore their creativity and imagination through creating and playing. The sessions will be a mix of teacher-led creations and self-directed exploration. A variety of materials will be used for their creations such as paint, cotton balls, felt, glitter, tissue paper, crayons, construction paper and more. Students will also have the freedom to play at different centres that foster creativity as well. Please join me for a fun, relaxing Monday afternoon filled with creativity and exploration.

---

## **Football Club (Coaches John, Walter and Alessandro)**

**Grade: K - 3**

**Venue: CIS Citco Pitch**

**Time: 3:15 - 4:15**

**Limited to: No limit**

**Cost: \$70**

This is where future Premiership and La Liga football stars get their start with perhaps a stint state-side on a football scholarship! Covering basic football skills, boys and girls will learn the fine art of passing, dribbling, teamwork and good sportsmanship. Your child could be the next big

Cedar star, all while keeping in shape, breathing in fresh air and being part of a team. Students should be picked up promptly at 4:15 pm or will be signed back into after school care or homework club.

\*Students who will be participating in the BDO after school league are encouraged to sign up.

---

### **Steelpan Club (Mr Johnson)**

**Grade: 1 - 5**

**Venue: Music Room**

**Time: 3:15 - 4:15**

**Limited to : 10 students**

**Cost: \$90**

Students will learn how to play music on the steelpan, invented right here in the Caribbean, on the island of Trinidad where discarded oil drums were fashioned into what is now recognised as the only major musical instrument invented in the 20th century. They will learn music theory and proper technique for playing and performing. They will be a part of a steel band that will perform for various events as scheduled. Instrument care and teamwork will be a major focus of the steel pan club as well as learning the history and origins of the steelpan.

---

### **Homework Club (Ms. Sullivan)**

**Grades: 1 - 5**

**Venue: Ms. Sullivan's Room (#323)**

**Time: 3:15 - 5:30**

**Limited to: No limit**

**Cost: \$20 per regular session. Cost: \$25 per drop-in session**

Supervised homework club is for students to work on their homework, reading and other assigned projects. Students are allowed to work collaboratively and quietly with their peers, following the social distancing protocols, and will receive support from the teacher on duty. Students will be able to use iPads and Chromebooks to assist with research or assignments that they are required for. Students signed up for 4:15 pm football club will attend homework club for free and receive a small snack before football commences. Homework club is invoiced monthly depending upon attendance.

---

**Football Club (Coaches John, Walter and Alessandro)**

**Grade: 4 - 6**

**Venue: CIS Citco Pitch**

**Time: 4:15 - 5:30**

**Limited to: No limit**

**Cost: \$70**

This is where future Premiership and La Liga football stars get their start with perhaps a stint state-side on a football scholarship! Covering game strategy situations, defensive and offensive formations, nutrition, strength, conditioning, and agility in addition to the basic skills of passing, dribbling, teamwork and good sportsmanship. The syllabus for this session has been written by Cedar's very own U.E.F.A. Certified Football Coach - John Reilly. Girls are encouraged to come out. Primary students are signed into homework club for free and will receive a light snack before football club commences. *\*Students who will be participating in the BDO after school league are encouraged to sign up.*

---

**CIS Elites Cheerleading club (Coaches Lakiesha Claxton, Ahijah Barth and Leah Bhagwandas)**

**Grade: 5 - 10**

**Venue: Basketball court (Monday and Friday)**

**Time: 3:30 - 4:30**

**Limited to: No limit**

**Cost: Free**

CIS ELITES!! Cheerleaders are the promoters of their schools and communities. They are a key marketing tool for the athletics programmes that they support, and they create the community patriotism we call "school spirit." Most importantly, they are tomorrow's leaders who through the development of athletic skills, leadership, and team work will be vital members of the community in the future. Boys, Girls, do you love to dance? Do you love to show support to your favourite teams? Be a leader today and join the CIS Elites! All members will need a pair of white sneakers and white socks for performances. *\*Cheerleaders who are already enrolled please remember to sign up.*

---

# TUESDAY

*Jan. 12, 19, 26, Feb. 2, 9, 16, Mar. 2, 9, 16*

---

## **Construction Club (Ms Katelyn)**

**Grade: Pre-K 4 - 1**

**Venue: Ms Katelyn's Room (#255)**

**Time: 3.15 - 4.15**

**Limited to: 10 students**

**Cost: \$90**

Not limited to just LEGO anymore, this construction club offers a variety of media with which children can build and explore. We will, of course, still have LEGO as a main focus, but we will also be introducing the marble run, race car tracks, playdough, outdoor forts and more! Children will learn to transfer their knowledge and love of creating from one activity to another in our exploration of construction.

---

## **Primary Culinary Arts Club (Mrs. Pierre-Louis)**

**Grades: Pre-K 4 - 3**

**Venue: Drakes Traders LTD Culinary Centre/ Terrace**

**Time: 3:15 - 4:30**

**Limited to: 12 students**

**Cost: \$90**

Cooking with kids is a great way to educate them about good nutrition and to encourage them to eat healthy foods. Cooking may even help get students interested in trying healthy foods they might normally refuse to eat. Expand their horizons by getting students into the kitchen through this cooking club! They will create desserts and dinners and bake yummy meals. Let's cook and eat.

---

## **Homework Club (Mr. Johnson)**

**Grades: 1 - 5**

**Venue: Ms. Murphy's Room (#324)**

**Time: 3:15 - 5:30**

**Limited to: No limit**

**Cost: \$20 per regular session. Cost: \$25 per drop-in session**

Supervised homework club is for students to work on their homework, reading and other

assigned projects. Students are allowed to work collaboratively and quietly with their peers, following the social distancing protocols, and will receive support from the teacher on duty. Students will be able to use iPads and Chromebooks to assist with research or assignments that they are required for. Students signed up for 4:15 pm football club will attend homework club for free and receive a small snack before football commences. Homework club is invoiced monthly depending upon attendance.

---

### **Cedar Surf Club (Mr Gabel and Steve)**

**Grades: 1 - 5**

**Venue: Josiah's Bay**

**Time: 3:30 - 5:30**

**Limited to: 10 students**

**Cost: \$200**

Attention all surfers! Mr Gabel and Surf School BVI, have teamed up to provide a new club catering for all levels of surfers. Each Wednesday we will take advantage of the beautiful waves at Josiah's Bay. With the coaching expertise of Mr Gabel and Steve, you will be able to learn the basics using beginner surfboards. Intermediate-Advanced surfers are encouraged to bring their own surfboard and will also benefit from coaching while surfing open-face waves and maybe even getting your first barrels! Get in quick as places are limited.

***\*Parents to arrange transport to and from Josiah's Bay.\****

---

### **Fusion Dance Club (Zawatie Pierre-Louis)**

**Grade: 3 - 5**

**Venue: Grade 10 Tent**

**Time: 3:15 - 4:30**

**Limited to: 10 students**

**Cost: \$90**

The fusion dance class will be an opportunity for children to learn different dance styles and new cultures. We will learn about the history of dance, the moves, how it has evolved over time and how important dance can be within a society. This club will also be a great way to stay active.

---

**Sci—π: The Math and Science Support Club (Anton Lichota and Maximilian Esser)**

**Grade: 6 - 10**

**Venue: Math room (#211). Time: 3:15 - 4:15**

**Limited to: 5 students. Cost: Free**

Sci-π aims to support students who are looking to improve their understanding of mathematics and the sciences through the facilitation of three tutors. It is an opportunity to receive help and guidance in a safe environment from other students or the tutors. Sci-π promotes collaboration between peers, perseverance even through challenging scenarios, and enjoyment of the process of learning. We hope to see you there!

---

**Girl Up (Alyah Mohabir and Neria Griffith)**

**Grade: 6 - 12**

**Venue: Room (#223)**

**Time: 3:30 - 4:30**

**Limited to: No limit**

**Cost: Free**

Girl Up, a campaign (for girls by girls) launched by the United Nations and United Nations Foundations, provides the opportunity for girls worldwide to channel their energy and compassion to raising awareness and funds for programmes of the UN that help some of the world's hardest-to-reach adolescent girls. Through Girl Up's support, basic needs such as clean water, life-saving health services, safety from violence and privileges like education are accessible to girls in developing countries.

Our BVI Girl Up chapter hopes to grow a sisterhood for the teenage girls in our community. The first event we would like to host is a virtual sleepover to introduce all the new members and also welcome back the past members. We will later inform members of our induction ceremony of all members in Girl-Up who will all receive a pin. We are working on organizing a Big Sister Talk which will be done virtually. Dates are to be announced. Girl Up is also planning a Self Care Sunday Live event where we will do skin care routines, yoga, and so much more to help girls relax.

If you are interested in joining Girl Up BVI, please sign up. If you're on the fence, please get in touch to ask questions.

---

## **Photo/Video Editing Club (Mr. Gabane and Ms. Marquez)**

**Grade: 8-11**

**Venue: Room # 222**

**Time: 3:30 - 4:30**

**Limited to: 10 students**

**Cost: \$90**

**Club Requirements:**

- Video Editing Software (iMovie, Adobe Premiere Rush, Adobe Premiere Pro, Magisto)
- Photo Editing Software (VSCO, Adobe Photoshop, Adobe Lightroom, Capture One)
- A good camera for taking crisp, clear photos and videos. (iPhones, Android phones, DSLR)
- Creative mind and eagerness to learn
- Patience to edit photos and videos

Learn the basics of photo and video editing and be able to post stunning photos and mini-vlogs on your Instagram, YouTube channels and other social media sites!

---

## **Rugby (Coach James)**

**Grade: 9 - 12**

**Venue: A.O. Shirley Grounds**

**Time: 4:30 - 5:30**

**Limited to: No limit**

**Cost: Free**

This active, fun club will provide a safe and enjoyable environment for children. Open to all abilities: both those who have never played rugby before and experienced players are encouraged to join. We will help improve communication skills and develop valuable social skills. Players learn to express themselves through rugby and build their self confidence. Parents are asked to drop off and pick up their children at the venue.

*\*Contact - Coach James: 440-2639\**

---

# WEDNESDAY

*Jan. 13, 20, 27, Feb. 3, 10, 17, Mar, 3, 10, 17*

---

## **Homework Club (Mrs. Kinkead)**

**Grade: 1 - 5**

**Venue: Library room #200**

**Time: 3:15 - 5:30**

**Limited to: No limit**

**Cost: \$20 per regular session. Cost: \$25 per drop-in session**

Supervised homework club is for students to work on their homework, reading and other assigned projects. Students are allowed to work collaboratively and quietly with their peers, following the social distancing protocols, and will receive support from the teacher on duty. Students will be able to use iPads and Chromebooks to assist with research or assignments that they are required for. Students signed up for 4:15 pm football club will attend homework club for free and receive a small snack before football commences. Homework club is invoiced monthly depending upon attendance.

---

## **T-ball (Coach Kiwi)**

**Grade: 2 - 5**

**Venue: CIS Citco Pitch**

**Time: 3:15 - 4:15**

**Limited to: 20 students**

**Cost: \$90**

Come and learn to play T-ball! Students will learn the rules and strategies for T-ball as well as hitting and fielding practice. Then it's game time! Students will play a game against another team. You will need to bring a hat, water bottle and a positive attitude!

---

## **Netball (Ms. Trafford)**

**Grades: 3 - 10**

**Venue: Basketball Court**

**Time: 3:20 - 4: 20**

**Limited to: 15 students**

**Cost: \$90**

Netball is a ball sport played by two teams of seven players. Games are played on rectangular courts with raised goal rings at each end. Netball is played by more than 20 million people in more than 80 countries worldwide and our goal is to bring netball to Cedar! Students will develop their skills and learn the fundamentals of the game, which we hope they will continue to enjoy

throughout their school careers and beyond. The netball club caters for all standards, from complete beginners to those to aspire to representative honours.

---

**Yoga (Ms. Shannon)**

**Grade: 4 - 5**

**Venue: Drakes Traders LTD. Culinary Arts Centre/ Terrace**

**Time: 3:15 - 4:15**

**Limited to: 20 students**

**Cost: \$90**

Every session will include a 10 minute mindful moment meditation period. In the 50 minutes yoga class students will be challenged to improve strength, flexibility and balance while finding some peaceful calm at the end of the school day. Mats provided by the school.

---

**Rugby (Coach James)**

**Grade: 5 - 8**

**Venue: A.O. Shirley Grounds**

**Time: 4:30 - 5:30**

**Limited to: No limit**

**Cost: Free**

This active, fun club will provide a safe and enjoyable environment for children. Open to all abilities: both those who have never played rugby before and experienced players are encouraged to join. We will help improve communication skills and develop valuable social skills. Players learn to express themselves through rugby and build their self confidence. Parents are asked to drop off and pick up their children at the venue.

*\*Contact - Coach James: 449-1400*

---

**Football (Coaches John, Alessandro Palladino and Simon Hiemstra)**

**Grade: 6 - 10**

**Venue: CIS Citco Pitch**

**Time: 4:15 - 5:30**

**Limited to: No limit**

**Cost: \$90**

This is where future Premiership and La Liga football stars get their start with perhaps a stint state-side on a football scholarship! Covering game strategy situations, defensive and offensive formations, nutrition, strength, conditioning, and agility in addition to the basic skills of passing, dribbling, teamwork and good sportsmanship. Girls are encouraged to come out.

Coach John Reilly has organized Soccer Sister programmes in Ireland which have been well received. Soccer Sisters is a free club offered on Thursdays. Speak to Coach John for more information.

*\*Students who will be participating in the BDO after-school league are encouraged to sign up\*.*

---

**Rotary International Interact Club (President Dyanie Sylvester)**

**Grade: 7 - 12**

**Venue: Room (#223)**

**Time: 3:30 - 4:30**

**Limited to: No limits**

**Cost: Free**

Rotary International is a worldwide service organization which sponsors and runs "Interact" as a service club for youth ages 12-18. Interact's name is a combination of the words "international" and "action," which are exemplified in the international focus of much of their service work; including water, literacy projects and service/volunteer projects. This club is being offered to Cedar students ages 12-18 who are interested in developing both leadership and community organizing skills, who have a commitment to bettering their local and regional communities, and to performing international service. All returning members should re-register for this club.

*Interact will meet every other week until June 14. Students are asked to fill out the registration and waiver forms. Speak to Ms. Gujar about credits.*

Rotary Club Road Town advisors are Elvis Harrigan, Anthony Clarke, Diehdra Potter, Kedreana Parson, and Atricia Pereira.

---

**Steelpan Club (Mr Johnson)**

**Grade: 6 - 12**

**Venue: Music Room**

**Time: 3:15 - 4:15**

**Limited to : 10 students**

**Cost: \$90**

Students will learn how to play music on the steelpan, invented right here in the Caribbean, on the island of Trinidad where discarded oil drums were fashioned into what is now recognised as the only major musical instrument invented in the 20th century. They will learn music theory and proper technique for playing and performing. They will be a part of a steel band that will perform for various events as scheduled. Instrument care and teamwork will be a major focus of the steel pan club as well as learning the history and origins of the steelpan.

# THURSDAY

*Jan. 14, 21, 28, Feb. 4, 11, 18, Mar. 4, 11, 18*

---

## **Lego Club (Mrs. Chilton)**

**Grade: 1 - 3**

**Venue: Ms. Shannon's Room (#322)**

**Time: 3:15 - 4:15**

**Limited to: 8 students**

**Cost: \$90**

Students will have the opportunity to design, construct and share lego creations with guidance and collaboration. A favourite activity of many children, this club will foster creativity in our future architects, engineers and designers!

---

## **L'il Kickers Soccer Sisters Club (Coach Walter, Darci Reich and Giada Palladino)**

**Grade: Pre-K 4 - 2**

**Venue: CIS Citco Pitch**

**Time: 3:15 - 4:15. Cost: Free**

This club is an introduction to football which creates a pathway to joining the mini Soccer Sisters programme and thereafter the older Soccer Sisters. The club will also work on movement, coordination skills and good sportsmanship. Students should be picked up promptly at 4:15 pm or will be signed back into after school care or homework club.

---

## **Homework Club (Mrs. Larissa)**

**Grade: 1 - 5**

**Venue: Library (#200)**

**Time: 3:15 - 5:30**

**Limited to: No limit**

**Cost: \$20 per regular session. Cost: \$25 per drop-in session**

Supervised homework club is for students to work on their homework, reading and other assigned projects. Students are allowed to work collaboratively and quietly with their peers, following the social distancing protocols, and will receive support from the teacher on duty. Students will be able to use iPads and Chromebooks to assist with research or assignments that they are required for. Students signed up for 4:15 pm football club will attend homework club for free and receive a small snack before football commences. Homework club is invoiced monthly depending upon attendance.

---

**Soccer Sisters Football Club (Luca Reich, Tinia Van Zoost)**

**Grade: 3 - 6**

**Venue: CIS Citco Pitch**

**Time: 3:15 - 4:15**

**Limited to: No limit**

**Cost: Free**

This fun football club started off as a personal project to serve girls of all ages who were looking to get involved in playing football. We are happy to continue Soccer Sisters this term as part of our clubs programme. The training will focus on the basic skills of passing, dribbling, teamwork and good sportsmanship. Come and join this exciting club and improve your technique and skills. Students will be signed into homework club from 3:15 - 3:30 pm and should be picked up promptly at 4:30 pm or will be signed into after-school care.

*\*Students who will be participating in the BDO after-school league are encouraged to sign up.\**

---

# FRIDAY

*Jan. 15, 22, 29, Feb. 5, 12, 19, Mar. 5, 12, 19*

---

## **Movement and Mindfulness (Ms Katelyn)**

**Grade:** Pre-K 4 - 1

**Venue:** Ms Katelyn's room (#255)

**Time:** 3.15 - 4.15

**Limited to:** 10 students. **Cost:** \$90

Students will get moving in calm and exciting ways during this hour of movement and mindfulness. We will practise yoga, dance, go on walks, complete mindfulness activities, and "breathe" to ultimately find our centre and create a sense of well-being for ourselves. We will also work toward sharing our new-found calm and joy with the Cedar community by preparing small acts of kindness in different ways.

---

## **Homework Club (Mrs. Pierre-Louis)**

**Grades:** 1 - 5

**Venue:** Ms. Sullivan's room (#323)

**Time:** 3:15 - 5:30

**Limited to:** No limit

**Cost:** \$20 per regular session. **Cost:** \$25 per drop-in session

Supervised homework club is for students to work on their homework, reading and other assigned projects. Students are allowed to work collaboratively and quietly with their peers, following the social distancing protocols, and will receive support from the teacher on duty. Students will be able to use iPads and Chromebooks to assist with research or assignments that they are required for. Students signed up for 4:15 pm football club will attend homework club for free and receive a small snack before football commences. Homework club is invoiced monthly depending upon attendance.

---

## **Plant-Based Cooking (Ms. Helen)**

**Grade:** 2 - 12

**Venue:** Drakes Traders LTD. Culinary Art Centre/Terrace

**Time:** 3:15 - 4:15

**Limited to:** 10 students .

**Cost:** \$90

We will cook climate-friendly, cruelty-free, healthier alternatives to traditional dishes, such as bolognese, alfredo and pesto sauces, chickenless kiev, spaghetti and meatless balls, no-tuna

mayonnaise and fishless pie, as well as desserts such as cupcakes, biscuits and chocolate mousse.

---

**¡Azúcar! Cedar's Latin Dance Company (Ms. Ivanna)**

**Grade: 4 - 6**

**Venue: Room #222**

**Time: 3:45 - 4:45**

**Limited to: 10 students**

**Cost: \$90**

¡Azúcar! Cedar's Latin Dance Company is a space to learn the basic Latin rhythms: Tango, Flamenco, Merengue, Salsa, Cha cha chá...and much more! Do you like to dance? Do you like Latin music? Do you like to perform? Then join ¡Azúcar!

Students will learn and enjoy the Latin dance world and on the last Friday of each month we will host an open class/workshop where family members can learn and dance together with the students. A great activity to enjoy together with your family members...get ready to dance!

*\*Primary students are signed into homework club for free before dance club commences.\**

---

**CIS Elites (Cheerleading club) (Coach Lakiesha Claxton, Ahijah Barth and Leah Bhagwandas)**

**Grade: 5 - 10**

**Venue: Basketball court/Grade 12 tent (Monday and Friday)**

**Time: 3:15 - 4:15**

**Limited to: No limit**

CIS ELITES!! Cheerleaders are the promoters of their schools and communities. They are a key marketing tool for the athletics programmes that they support, and they create the community patriotism we call "school spirit." Most importantly, they are tomorrow's leaders who through the development of athletic skills, leadership, and team work will be vital members of the community in the future. Boys, Girls, do you love to dance? Do you love to show support to your favourite teams? Be a leader today and join the CIS Elites! All members will need a pair of white sneakers and white socks for performances.

*\*Cheerleaders who are already enrolled please remember to sign up.\**

---

**Dungeons & Dragons (Khalid Sergeant)**

**Grade: 9 - 11**

**Venue: Library Annexe (#274)**

**Time: 3:30 - 4:30**

**Limited to: 10 students**

Dungeons & Dragons club is bringing to you the world's first and oldest role-playing game that will help cultivate a culture of camaraderie among those who enjoy story-telling, fantasy,

adventures and imaginative play. This efficient socializing club will encourage students to coordinate, plan and play as teams.

# CLUBS TO LOOK OUT FOR

---

**Tuesdays after the Easter Holidays (5 weeks starting April 13th):**

**PADI SEAL TEAM - Intro to Scuba Diving (Captain Deborah and Crew)**

**Grade: 3 and up (8 yrs and up)**

**Venue: Lambert Beach Resort Pool**

**Time: 3:45 - 5:45**

**Limited to 4 students. (Instructor:Student ratio 1:2)**

**Cost: \$425 includes 3.15 Pick up from School. (Parents are asked to pick up their children no later than 6pm from Lambert.)**

PADI Seal Team is for young water lovers who would like a taste of the magical world of Scuba Diving! No prior experience is necessary, but kids should be comfortable in the water. Cost Includes the Padi Seal Team Crew Pack. Each "Aqua Mission" Session includes: Briefing, Knowledge Session, Pool time with Dive Gear, Underwater Games & Activities, Debrief.

**During the Easter Holidays, April 7th, 8th, 9th, 2021:**

**PADI Junior Open Water Diver (Captain Deborah and Crew)**

**Grade: 5 and up (10 yrs and up)**

**Venue: M/V IRIE and The Ocean**

**Time: 9 am - 5 pm**

**Limited to 4 students (Instructor:Student ratio 1:2)**

**Cost \$925**

The PADI Junior Open Water Course introduces kids to the amazing life of being a scuba diver. This course will allow them to discover the 71% of the world that is hidden below sea level and which most people never get to explore. The 3-day course includes course work and boat trips to calm bays for training as well as to dive sites. It provides a lifetime qualification which certifies kids to dive up to 18 meters anywhere in the world (12m for 10 - 12 year olds). It gives them the opportunity to meet new diving buddies, learn new skills and embark upon a much-loved lifelong hobby.

Should you have any questions about this Scuba Easter Camp, see the contact information below.

Cpt Deborah Lewis at  
info@daytripsbvi.com  
www.daytripsbvi.com  
+1 284 340 3434



# Co-Curricular Clubs and Activities Programme

Session Two 2020 - 2021

Registration Form

*Please complete the form below and return it to the School Office.  
This form is to be completed for the free clubs as well.*

I understand that although Cedar International School is the sponsor of the Co-Curricular Clubs and Activities Programme the school does not assume responsibility for any loss, injury to the person or property in connection with the participation of \_\_\_\_\_ in the programme, regardless of the cause of such loss, injury, damage or expense and whether or not caused by any negligence or fault.

Release: I fully release, waive and further agree to indemnify Cedar International School and its volunteers, members, officers, directors, committees, and/or employees arising out of, during or in anyway connected with such participation from and against and all claims which I, my heirs or executors may have for any losses, damages and injuries arising out of, during or in connection with the participation of \_\_\_\_\_ in Co-Curricular Clubs and Activities Programme or in rendering any first-aid, emergency medical procedures or any related expenses if any.

Signed \_\_\_\_\_ (Student) Date: \_\_\_\_\_

Signed \_\_\_\_\_ (Parent/Guardian) Date: \_\_\_\_\_

Signed \_\_\_\_\_ (Parent/Guardian) Date: \_\_\_\_\_

Contact phone number \_\_\_\_\_ Contact phone number \_\_\_\_\_

Contact email address \_\_\_\_\_ (in case of cancellation of the club on the day)

Contact email address \_\_\_\_\_ (in case of cancellation of the club on the day)



**CEDAR**  
INTERNATIONAL  
**SCHOOL**  
BRITISH VIRGIN ISLANDS

Please enroll \_\_\_\_\_ in \_\_\_\_\_ (Day) \_\_\_\_\_

(circle the type of payment: cheque/cash) Amount paid: \_\_\_\_\_

Please enroll \_\_\_\_\_ in \_\_\_\_\_ (Day) \_\_\_\_\_

(circle the type of payment: cheque/cash) Amount paid: \_\_\_\_\_

Please enroll \_\_\_\_\_ in \_\_\_\_\_ (Day) \_\_\_\_\_

(circle the type of payment: cheque/cash) Amount paid: \_\_\_\_\_

Please enroll \_\_\_\_\_ in \_\_\_\_\_ (Day) \_\_\_\_\_

(circle the type of payment: cheque/cash) Amount paid: \_\_\_\_\_

Please enroll \_\_\_\_\_ in \_\_\_\_\_ (Day) \_\_\_\_\_

(circle the type of payment: cheque/cash) Amount paid: \_\_\_\_\_

Please enroll \_\_\_\_\_ in \_\_\_\_\_ (Day) \_\_\_\_\_

(circle the type of payment: cheque/cash) Amount paid: \_\_\_\_\_

Please enroll \_\_\_\_\_ in \_\_\_\_\_ (Day) \_\_\_\_\_

(circle the type of payment: cheque/cash) Amount paid: \_\_\_\_\_

**Parent Signature** \_\_\_\_\_ **Date** \_\_\_\_\_